



STABLE

STAndards for **Bi**pola**R** **E**xcellence

A Performance Measurement
& Quality Improvement Program

ALGORITHMS

STAndards for BipoLar Excellence STABLE Performance Measure

**Screening for bipolar mania/hypomania
prior to treatment for depression**

Data Field #'s are from STABLE **Depression** Data Collection Form

Denominator:

Documentation of presence of depression

2 = Yes

AND

Documentation of treatment for depression

12 = Yes

and/or

14 = Yes

Numerator:

of cases from denominator with the following:

Documentation of screening for mania/hypomania

4 = Yes

AND

5 = Date of assessment or screening for mania/hypomania

Is equal to or less than

13 = Date of earliest documented use of an antidepressant
and/or

15 = Date of first documentation of use of psychotherapy

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Assessment of risk of suicide: (Unipolar) Depression

Data Field #'s are from STABLE **Depression** Data Collection Form

Denominator:

Documentation of presence of (unipolar) depression

2 = Yes

Numerator:

of cases from denominator with the following:

Documentation of an assessment for risk of suicide

6 = Yes

AND

7 = Date of the assessment for risk of suicide

Is equal to or less than

1 = Date of mental health assessment/evaluation visit for depression

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Assessment of risk of suicide: Bipolar Disorder

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of bipolar disorder

2 = Yes

Numerator:

of cases from denominator with the following:

Documentation of an assessment for risk of suicide

15 = Yes

AND

16 = Date of the assessment for risk of suicide

Is equal to or less than the

1 = Date of mental health assessment/evaluation visit for bipolar disorder

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Assessment of substance use: (Unipolar) Depression

Data Field #'s are from STABLE **Depression** Data Collection Form

Denominator:

Documentation of presence of (unipolar) depression

2 = Yes

Numerator:

of cases from denominator with the following:

Documentation of assessment for presence or absence of alcohol use/abuse

8 = Yes

and

Documentation of assessment for presence or absence of chemical use/abuse

10 = Yes

AND

Both:

9 = Date of assessment for alcohol use/abuse

and

11 = Date of assessment for chemical substance use/abuse

Is equal to or less than the

1 = Date of mental health assessment/evaluation visit for depression

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Assessment of substance use: Bipolar Disorder

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of bipolar disorder

2 = Yes

Numerator:

of cases from denominator with the following:

Documentation of assessment for presence or absence of alcohol use/abuse

17 = Yes

and

Documentation of assessment for presence or absence of chemical use/abuse

19 = Yes

AND

Both:

18 = Date of assessment for alcohol use/abuse

and

20 = Date of assessment for chemical substance use/abuse

Is equal to or less than the

1 = Date of mental health assessment/evaluation visit for depression

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**Use of antimanic agent in BD I with mania/hypomania,
mixed or cycling symptoms or behaviors**

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form
Denominator:

Documentation of presence of Bipolar Disorder I

4 = Yes

AND

Documentation of at least one of the following conditions:

5 = Yes: BD I with single manic episode

or

6 = Yes: BD I with most recent episode hypomanic

or

7 = Yes: BD I with most recent or current episode mania

or

9 = Yes: BD I with most recent or current episode mixed

or

14 = Yes: Condition specified as including rapid cycling

Exclusion from Denominator IF:

23 = No...AND **25** = Yes: Reason stated for not using Lithium/anticonvulsant
and

26 = No...AND **28** = Yes: Reason stated for not using 1st generation antipsychotic
and

29 = No...AND **31** = Yes: Reason stated for not using 2nd generation antipsychotic

Numerator:

of cases from denominator with the following:

Documentation of use of an antimanic agent (as defined in STABLE specifications)

23 = Yes: Lithium/Anticonvulsant Agents

and/or

26 = Yes: 1st generation (conventional) antipsychotic agents

and/or

29 = Yes: 2nd generation (atypical) antipsychotic agents

AND

Earliest date from following three date fields (24; 27; 30)

24 = Earliest date associated with 23: Lithium/anticonvulsant agents

or

27 = Earliest date associated with 26: 1st generation antipsychotic agents

or

30 = Earliest date associated with 29: 2nd generation antipsychotic agents

Is equal to or less than 12 weeks after

3 = Date establishing the condition and treatment plan

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Use of antimanic agent in BD I with depression with use of a mood stabilizing or antimanic agent

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder I

4 = Yes

AND

Documentation of the following condition:

8 = Yes: BD I with most recent or current episode depressed

Exclusion from Denominator IF:

23 = No...AND **25** = Yes: Reason stated for not using Lithium/anticonvulsant and

26 = No...AND **28** = Yes: Reason stated for not using 1st generation antipsychotic and

29 = No...AND **31** = Yes: Reason stated for not using 2nd generation antipsychotic

Numerator:

of cases from denominator with the following:

Documentation of use of a mood stabilizing or an antimanic agent
(as defined by STABLE measure specification criteria)

23 = Yes: Lithium/Anticonvulsant Agents

and/or

26 = Yes: 1st generation (conventional) antipsychotic agents

and/or

29 = Yes: 2nd generation (atypical) antipsychotic agents

AND

Earliest date from following three date fields (24; 27; 30)

24 = Earliest date associated with 23: Lithium/anticonvulsant agents

or

27 = Earliest date associated with 26: 1st generation antipsychotic agents

or

30 = Earliest date associated with 29: 2nd generation antipsychotic agents

Is equal to or less than 12 weeks after

3 = Date establishing the condition and treatment plan

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Avoidance of antidepressant monotherapy in Bipolar Disorder I

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form
Denominator:

Documentation of presence of Bipolar Disorder I

4 = Yes

Exclusion from Denominator IF:

23 = No...AND **25** = Yes: Reason stated for not using Lithium/anticonvulsant
and

26 = No...AND **28** = Yes: Reason stated for not using 1st generation antipsychotic
and

29 = No...AND **31** = Yes: Reason stated for not using 2nd generation antipsychotic

Numerator:

of cases from denominator with the following:

Documentation of use of an antidepressant agent

21 = Yes

and

22 = Date of earliest use of antidepressant

Is equal to or less than 12 weeks after

3 = Date establishing the condition and treatment plan

AND

No documentation of use of a mood stabilizing agent or an antimanic agent

23 = No: Lithium/Anticonvulsant Agents

and/or

26 = No: 1st generation (conventional) antipsychotic agents

and/or

29 = No: 2nd generation (atypical) antipsychotic agents

OR

Earliest date from following three date fields (24; 27; 30)

24 = Earliest date associated with 23: Lithium/anticonvulsant agents

or

27 = Earliest date associated with 26: 1st generation antipsychotic agents

or

30 = Earliest date associated with 29: 2nd generation antipsychotic agents

Is more than 12 weeks after

3 = Date establishing the condition and treatment plan

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Monitoring for weight gain

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

Numerator:

of cases from denominator with:

Documentation of monitoring of weight

42 = Yes

AND

Actual weight documented in chart

43 = Yes

AND

Two dates of documentation of actual weight are recorded in patient chart

44 = First date of documentation of actual weight

and

45 = Second date of documentation of actual weight

AND

Both

44 = First date of documentation of actual weight

And

45 = Second date of documentation of actual weight

Are equal to or less than 12 weeks after

3 = Date establishing the condition and treatment plan

AND

Neither

45 = First date of documentation of actual weight

Nor

45 = Second date of documentation of actual weight

Are less than

3 = Date establishing the condition and treatment plan

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Monitoring for extrapyradmidal symptoms

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with a 1st or 2nd generation antipsychotic agent

32 = Yes

Numerator:

of cases from denominator with:

Documentation of monitoring for extrapyradmidal symptoms

33 = Yes

AND

Documentation of two dates where EPS monitoring is recorded in chart

34 = First date of EPS monitoring

and

35 = Second date of EPS monitoring

AND

Both

34 = First date of EPS monitoring

and

35 = Second date of EPS monitoring

Are less than or equal to

24 weeks after the earliest date from the following two date fields

27 = Earliest date of 1st generation (conventional) antipsychotic

30 = Earliest date of 2nd generation (atypical) antipsychotic

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Monitoring serum lithium levels

Data Fields #'s are from STABLE Bipolar Disorder Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with a lithium agent

36 = Yes

Exclusion from Denominator IF:

37 = Yes: Documentation of serum levels ordered or patient requested to obtain and

41 = Yes: Documentation patient did not follow-through and obtain requested test

Numerator:

of cases from denominator with:

Documentation of serum lithium level order or patient requested to obtain

37 = Yes

AND

Lab results obtained and filed/documentated in medical record

38 = Yes

or

Documented reference to results of lab test recorded in medical record

39 = Yes

AND

40 =Date from data field **38** or **39**

Is less than or equal to 12 weeks after

The earliest date in the two following date fields

24a = Date of first use of lithium carbonate

24b = Date of first use of lithium citrate

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**Screening for hyperglycemia when
atypical antipsychotic agent is prescribed**

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with a 2nd generation (atypical) antipsychotic agent

46 = Yes

Exclusion from Denominator IF:

50 = Yes: Documentation patient did not follow-through and obtain requested test
or

51 = Yes: Documentation by clinician that testing not indicated for this patient

Numerator:

of cases from denominator with the following:

Lab results from screening for hyperglycemia -
Obtained and filed/documentated in medical record

47 = Yes:

or

Documented reference to laboratory results recorded in medical record

48 = Yes

AND

49 = Date of documentation closest to (at or after) start of atypical antipsychotic

Is equal to or less than 16 weeks after

30 = Date of earliest 2nd generation (atypical) antipsychotic

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**Monitoring for hyperlipidemia when
atypical antipsychotic agent prescribed**

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with a 2nd generation (atypical) antipsychotic agent

52 = Yes

Exclusion from Denominator IF:

56 = Yes: Documentation patient did not follow-through and obtain requested test
or

57 = Yes: Documentation by clinician that testing not indicated for this patient

Numerator:

of cases from denominator with the following:

Lab results from laboratory assessment for hyperlipidemia:

Obtained and filed/documentated in medical record

53 = Yes

or

Documented reference to laboratory results is recorded in medical record

54 = Yes

AND

55 = Date of documentation closest to (at or after) start of atypical antipsychotic

Is Less than or equal to 16 weeks after

30 = Date of earliest 2nd generation (atypical) antipsychotic

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Providing condition-specific education and information

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with relevant pharmacotherapy; antimanic or mood stabilizing agent

23 = Yes

or

26 = Yes

or

29 = Yes

Numerator:

of cases from denominator with:

Indication in chart that patient was provided with condition-specific education and information about bipolar disorder at the practice site by a clinician

66 = Yes

AND

Type of education – information provided is documented

68 = Yes

AND

Education – information provided includes more than information about medications

70 = Yes

AND

67 = Date of first documentation of provision of education-information

Is Less than or equal to 12 weeks after

3 = Date establishing the condition and treatment plan

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Monitoring change in symptom complex

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with relevant pharmacotherapy; antimanic or mood stabilizing agent

23 = Yes

or

26 = Yes

or

29 = Yes

Numerator:

of cases from denominator with:

Evidence of monitoring change in the symptom complex with one of the following:

Symptom monitoring tool

58 = Yes

Or

Flow sheet or pre-printed form that permits visualization of change-over-time

59 = Yes

AND

Two dates of documentation of symptom monitoring are recorded in patient chart

60 = First date of symptom monitoring

61 = Second date of symptom monitoring

AND

60 = First date of symptom monitoring

Is equal to or less than

3 = Date establishing the condition and treatment plan

AND

61 = Second date of symptom monitoring

Is equal to or less than 12 weeks after:

3 = Date establishing the condition and treatment plan

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Recommending adjunctive psychosocial interventions

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with relevant pharmacotherapy; antimanic or mood stabilizing agent

23 = Yes

or

26 = Yes

or

29 = Yes

EXCLUSION from Denominator IF:

73 = Yes: Psychosocial interventions not indicated for this patient

or

74 = Yes: Psychosocial interventions are not available in patient's community

Numerator:

of cases from denominator with:

Indication in chart that adjunctive psychosocial interventions were recommended to be provided on site or through referral

71 = Yes

AND

72 = Date of first documentation of recommendation for psychosocial intervention

Is less than or equal to 12 weeks after

3 = Date establishing the condition and treatment plan

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Monitoring change in level-of-functioning

Data Field #'s are from STABLE **Bipolar Disorder** Data Collection Form

Denominator:

Documentation of presence of Bipolar Disorder

2 = Yes

AND

Treatment with relevant pharmacotherapy; antimanic or mood stabilizing agent

23 = Yes

or

26 = Yes

or

29 = Yes

EXCLUSION from Denominator IF:

Documentation that patient refuses to provide information about functioning or refuses to complete tools or forms

65 = Yes

Numerator:

of cases from denominator with:

Evidence of an assessment for level-of-functioning

62 = Yes

AND

Two dates of documentation of level-of-functioning

63 = First date

64 = Second date

AND

63 = First date of documentation of level-of-functioning

Is equal to or less than

3 = Date establishing the condition and treatment plan

AND

64 = Second date of documentation of level-of-functioning

Is equal to or less than 12 weeks after

3 = Date establishing the condition and treatment plan