

**TABLE 1. Quality Measures for Patients with Co-Occurring Medical & Psychiatric Conditions Treated in Primary Care Settings**

STRUCTURE	PROCESS	OUTCOME
<p><b>Clinicians</b></p> <ul style="list-style-type: none"> <li>• <u>competencies</u>: % of PCPs (or staff) demonstrating competencies in recognition and treatment of mental disorders / SUD</li> <li>• <u>specialist availability</u>: MHS (adult &amp; child psychiatrists, therapists) availability per # beneficiaries in health plan</li> </ul> <p><b>Services</b></p> <ul style="list-style-type: none"> <li>• <b>Level of care availability for SUD treatment</b> <ul style="list-style-type: none"> <li>○ # beds available per # beneficiaries: detoxification, inpatient rehabilitation, clinically managed residential</li> <li>○ # programs per # beneficiaries: partial hospital, intensive outpatient, outpatient</li> </ul> </li> <li>• <b>Evidence-based treatment models for depression in PC</b> <ul style="list-style-type: none"> <li>○ <u>registry</u>: % of PC practices using depression registry</li> <li>○ <u>measurement</u>: % of PC practices using structured severity assessment for depression</li> <li>○ <u>care mgmt</u>: % of PC practices providing care mgmt for depression</li> <li>○ <u>self-management</u>: % of PC practices providing self-management education/tools</li> <li>○ <u>training—meds</u>: % PCP’s who complete depression medication management training</li> <li>○ <u>training—CBT</u>: % of eligible clinicians receiving training on CBT based techniques</li> </ul> </li> <li>• <b>Buprenorphine treatment for opioid addiction in PC</b> <ul style="list-style-type: none"> <li>○ <u>training</u>: # PCP’s who have received training in buprenorphine treatment per capita or per # beneficiaries in health plan</li> <li>○ <u>registry</u>: % of PCP’s who prescribe buprenorphine that utilize a registry to track patients treated with buprenorphine</li> </ul> </li> </ul> <p><b>Clinical Information Systems</b></p> <ul style="list-style-type: none"> <li>• % of PC practices which provide PCPs with immediate access to MHS / SUD records</li> <li>• % of MHS/SU specialists in plan who have immediate access to PC records</li> <li>• % of practices with procedures guiding consent to access MHS / SUD records</li> </ul> <p><b>Financing</b></p> <ul style="list-style-type: none"> <li>• <u>Care mgmt. reimbursement</u>: % of beneficiaries in plan whose PC is eligible for reimbursement for care management for depression</li> <li>• <u>PCP reimbursement</u>: % of beneficiaries in plan whose PC is eligible for reimbursement for visit with primary diagnosis of mental disorder or SUD</li> </ul>	<p><b>Detection</b></p> <ul style="list-style-type: none"> <li>• % of PC patients screened annually for depression</li> <li>• % of PC patients with high risk conditions (p-MI, p-CVA, CHF, DM) screened annually for depression</li> <li>• % of PC patients screened for substance use disorder</li> </ul> <p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>• % of PC patient dx’d with mental disorder with qualifying DSM sx documented on assessment</li> <li>• % of PC patient dx’d with MDD with presence or absence documented on assessment: psychosis; suicidality; h/o mania; substance use</li> <li>• % PC pts w/ MDD meeting severity/complexity criteria for MHS referred for/receive MHS care</li> </ul> <p><b>Access to specialty care</b></p> <ul style="list-style-type: none"> <li>• % of patients referred to MH/SU specialty care who attend initial visit</li> <li>• Average time to initial visit after referral to MH/SU specialty care</li> <li>• % of patients with SUD who are referred to the appropriate (ASAM) level of care</li> </ul> <p><b>Treatment fidelity to evidence based treatment models</b></p> <ul style="list-style-type: none"> <li>• <b>Evidence-based treatment of depression in PC</b> <ul style="list-style-type: none"> <li>○ % of PC patients with depression w/ # acute-phase contacts with care manager</li> <li>○ % of PC patients with depression w/ structured severity assessment <ul style="list-style-type: none"> <li>○ on initial evaluation; ~ 4-6 weeks; ~ 12 weeks; ~ 6 months</li> </ul> </li> <li>○ % of PC patients with depression w/o response at ~6 weeks w/ change in treatment</li> </ul> </li> <li>• <b>Brief intervention for SUD in PC</b></li> </ul> <p><b>Coordination between PCP and MHS Following Referral</b></p> <ul style="list-style-type: none"> <li>• patient report of coordination <ul style="list-style-type: none"> <li>○ “my clinicians kept each other informed about my treatment and progress”</li> <li>○ “my clinicians worked well together to coordinate my care for depression”</li> <li>○ “I knew which clinician to turn to when I had a problem related to depression”</li> </ul> </li> <li>• % of referrals resulting in appropriate MHS/SU feedback to PCP w/in # days</li> </ul> <p><b>Safety</b></p> <ul style="list-style-type: none"> <li>• <b>Avoidance of prescribing drugs of abuse for patients with SUD</b> <ul style="list-style-type: none"> <li>○ % of patients with h/o alcohol abuse or dependence prescribed benzodiazepines</li> <li>○ % of patients with h/o opiate abuse or dependence prescribed opiates</li> </ul> </li> </ul>	<p><b>Symptom change</b></p> <ul style="list-style-type: none"> <li>• mean sx change (e.g., PHQ-9) at 12-weeks, 6-months</li> <li>• % patients meeting remission criteria at 12-weeks, 6 months</li> </ul> <p><b>Functional change</b></p> <p><b>Behavioral change</b></p> <ul style="list-style-type: none"> <li>• abstinence</li> <li>• reduced SU</li> <li>• change in ASI score</li> </ul>

**Key:** PC= primary care; MHS=mental health specialist; SUD=substance use disorder; **Notes:** Psychiatric disorders includes mental and substance-use disorders

**TABLE 2. Quality Measures for Patients with Co-Occurring Medical & Psychiatric Conditions Treated in the Mental Health Specialty Settings**

STRUCTURE	PROCESS	OUTCOME
<p><b>Clinician Characteristics</b></p> <ul style="list-style-type: none"> <li>% of prescribing MH practitioners with competence in detecting and monitoring diseases with high prevalence in the SMI (CV conditions, smoking, obesity, pulmonary disease, thyroid disease and infectious disease)</li> <li>% of MH practitioners trained to detect diseases with high prevalence in the SMI</li> <li># of PCP physicians available for pts with severe mental illness</li> <li>nurse and physician assistant to MD staff ratio</li> </ul> <p><b>Clinical Information Systems</b></p> <ul style="list-style-type: none"> <li>% of pts for whom medical records and laboratory data are available</li> <li>% of charts with permission to communicate with PCP is obtained</li> <li>% of practices w/ disorder specific registries</li> </ul> <p><b>Service Linkages</b></p> <ul style="list-style-type: none"> <li>Modified Continuity of Care Index: a ratio assessing the degree to which general medical IP and OP services are provided at the same VA facility: <math>\{1 - [\#facilities/(\#visits+0.01)]/[1 - (1/(\#visits+0.01))]\}</math></li> </ul> <p><b>Financing</b></p> <ul style="list-style-type: none"> <li>% of MH practitioners are reimbursed for monitoring medical conditions</li> <li>% of plans or organizations that provide financial incentives for quality improvement and monitoring</li> </ul>	<p><b>Detection</b></p> <ul style="list-style-type: none"> <li>% pts with annual fasting glucose</li> <li>% pts with fasting lipid profile and glucose 12 wks after initiating atypical antipsychotics</li> <li>% of pts with fasting lipid profile every 5 years</li> <li>% pts screened for HIV/hepatitis who engage in high risk behaviors</li> <li>% pts screened with TSH, B12, FA, RPR, Calcium</li> </ul> <p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>% pts with complete medical history, smoking history, family medical history, risk factors for CV, TB, and ID transmission, and ROS in chart</li> <li>% pts with height, weight, blood pressure, pulse, waist circum. recorded every 6 mos in chart</li> <li>% of pts with all current meds (including non-psychiatric) listed in chart</li> <li>Access: % of pts with significant medical/lab findings referred to medical care</li> <li>Availability: % of pts who are referred to primary care who attend initial visit</li> <li>Time: Average length of time to initial visit</li> <li>% of pts who saw a primary care physician within 12 months of their last MH visit</li> </ul> <p><b>Treatment:</b></p> <p><u>Preventive medicine and maintenance</u></p> <ul style="list-style-type: none"> <li>% of eligible women who had a pap test in a two year period</li> <li>% of pts on psychotropic medications for 6 months who receive appropriate monitoring every 6 mos.*</li> <li>VPA with levels, LFT's, CBC q6months</li> <li>TCA and EKG prior to initiation</li> <li>Lithium with BUN/creat + TSH</li> <li>% of pts asked and advised about level of physical activity</li> <li>% of pts between 50-80 who had appropriate screening for colorectal cancer.</li> </ul> <p><u>CV disease and risk factors</u></p> <ul style="list-style-type: none"> <li>% of pts with dx of hypertension whose BP &lt; 140/90</li> <li>% of eligible pts placed on beta blocker therapy post AMI</li> <li>% of eligible pts who received beta blocker tx 6 mo post AMI</li> <li>% of pts post MI or with CAD who have LDL-C &lt;130 or &lt;100</li> <li>% of pts who smoke who received advice to quit smoking, who were recommended smoking cessation medications, or who discussed smoking cessation strategies</li> <li>% of pt who smoke who were prescribed smoking cessation medications</li> </ul> <p><u>Diabetes:</u> % of pts with DM type 1 or 2 with the following</p> <ul style="list-style-type: none"> <li>HbA1c testing; HbA1c poorly controlled (&gt;9); Eye exam performed; LDL-C screening performed; LDL-C &lt;130 mg/dL; LDL-C &lt;100 mg/dL; Kidney disease monitored</li> </ul> <p><u>Pulmonary</u></p> <ul style="list-style-type: none"> <li>% of pts with asthma who were appropriately prescribed medication</li> <li>% of pts with new dx or newly active COPD who received appropriate spirometry testing</li> <li>% of pts given influenza and pneumococcal vaccines</li> </ul> <p><b>Coordination</b></p> <ul style="list-style-type: none"> <li>Pt report: Perception of coordination <ul style="list-style-type: none"> <li>"my clinicians kept each other informed about my tx and progress"</li> <li>"my psychiatrist knows my medical conditions"</li> </ul> </li> <li>Need for standards: Communication of physical health care</li> <li>% of MH practitioners who communicate with PCP every 6 months, during IP MH hospitalization</li> <li>% of MH practitioners who receive communication from PCP within 2 weeks after specific referral regarding detection of medical disease</li> <li>% of MH visits that review non-psychotropic medications and adherence</li> <li>% of IP medical hospital stays with discharge summaries sent to the pt's primary MH specialist</li> </ul>	<p><b>Behavior change</b></p> <ul style="list-style-type: none"> <li>% of pts who are abstinent from smoking for 6 months</li> <li>% of pts with &gt; 1 point improvement in BMI over year</li> <li>% of pts involved in increased level of physical activity</li> </ul> <p><b>Medical outcomes</b></p> <ul style="list-style-type: none"> <li>Mortality Rate</li> <li>LDL-C &lt;130 mg/dL</li> <li>LDL-C &lt;100 mg/dL</li> <li>Eye exam performed</li> </ul> <p><b>Quality of life</b></p> <ul style="list-style-type: none"> <li>change in health status over defined interval (e.g., SF-12, etc.)</li> </ul> <p><b>Patient Satisfaction</b></p> <ul style="list-style-type: none"> <li>% of pts with SMI who are satisfied with their physical healthcare</li> </ul>

Key: PC= primary care; MHSC=MH specialty care; SUD=substance use disorder, pt=patient, IP=IP, OP=outpatient, dx=diagnosis, tx=treatment, BP=blood pressure

**TABLE 3. Quality Measures for Patients with Co-Occurring Substance Use & Psychiatric Conditions Treated in the Mental Health Specialty Settings**

STRUCTURE	PROCESS	OUTCOME
<p><b>Clinician Characteristics</b></p> <ul style="list-style-type: none"> <li>• % of MH providers that are trained to treat SA disorders and have a certificate, license or some other documentation to prove training.</li> <li>• Evidence of documented formal referral policies for SUD in MHSC settings.</li> </ul> <p><b>Clinical Information Systems</b></p> <ul style="list-style-type: none"> <li>• % of MH providers who reported being able to access any patient tx information, laboratory information, or medical records from a SUD specialty settings</li> </ul> <p><b>Service Linkages</b></p> <ul style="list-style-type: none"> <li>• % of programs that have:               <ul style="list-style-type: none"> <li>Integrated services (MH and SA services in the same treatment program)                   <ul style="list-style-type: none"> <li>○ Co-location (MH and SA services in the same location)</li> <li>○ Formal relationships (referral agreements or contractual relationships among providers)</li> <li>○ Informal or ad hoc (absence of formal relationships)</li> </ul> </li> </ul> </li> </ul> <p><b>Financing</b></p> <ul style="list-style-type: none"> <li>• % of MH providers reporting the inability to bill for SA services provided to pts</li> <li>• % of MH providers that report coding SA services as MH services in order to be reimbursed.</li> </ul>	<p><b>Detection</b></p> <ul style="list-style-type: none"> <li>• % of pts screened for SA upon IP or residential admission in a MHSC setting.</li> <li>• % of pts in MHSC with a newly identified SA disorder over a period of 12 months (after a 6 month washout period).</li> </ul> <p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>• % of pts with a SUD with qualifying DSM documentation on assessment at a MHSC setting.</li> <li>• % of pts who are admitted to a MHSC IP or residential facility whose medical record includes an assessment of both their MH and SUD history</li> <li>• % of pts admitted to a hospital for a mental disorder who are also assessed for a SA disorder upon admission</li> <li>• % of pts who receive a psychiatric evaluation that includes a drug and alcohol use assessment</li> <li>• % of surveyed behavioral health plan members with a MH diagnosis who report being asked about alcohol or drug use by a plan clinician in the prior year</li> <li>• % of pts discharged from a hospital with a MH disorder as their primary diagnosis whose IP admission or discharge assessment note includes an assessment of SA or dependence</li> </ul> <p><b>Treatment</b></p> <ul style="list-style-type: none"> <li>• Average fidelity score across participating programs:               <ul style="list-style-type: none"> <li>○ New Hampshire/Dartmouth Integrated Dual Disorder Treatment (IDDT) model</li> <li>○ 26 Item fidelity scale</li> <li>○ Each item represents an org. or tx component of model</li> <li>○ Scores from individual programs can be compared to the mean score or a recognized benchmark</li> </ul> </li> <li>• % of pts discharged from IP or residential care with COD who had at least one MH and one SUD clinic visit within 6 months of discharge</li> <li>• % of pts identified with both a SUD and MH condition who report receiving 3 or more minutes of counseling from their physician about both disorders</li> </ul> <p><b>Coordination</b></p> <ul style="list-style-type: none"> <li>• % of dually diagnosed pts receiving case management who report that their MH manager assisted them in obtaining SUD tx</li> <li>• % of dually diagnosed pts who are participating in a case management program and have a documented plan of care to address both conditions</li> <li>• % of dually diagnosed pts who report that their case manager or managed behavioral healthcare organization assisted them in obtaining all necessary MH and SUD services</li> <li>• % of dually diagnosed pts in a MHSC IP setting whose medical record documents contact between the pts MH and SUD providers</li> <li>• % of dually diagnosed pts admitted for a SUD that had an OP mental health visit 30 days prior to admission</li> </ul>	<p><b>Behavior change</b></p> <ul style="list-style-type: none"> <li>• % of pts with any SUD dx discharged from a IP or residential MHSC setting who report abstinence from drugs and/or alcohol over 6 months.</li> </ul> <p><b>Medical outcomes</b></p> <ul style="list-style-type: none"> <li>• % of dually diagnosed pts with a reduction in psychiatric symptoms 6 mos.</li> <li>• % of dually diagnosed pts in MHSC settings with a significant reduction in ASI alcohol or drug scores 6 months after index tx episode.</li> </ul> <p><b>Function Improvement</b></p> <ul style="list-style-type: none"> <li>• % of pts with any SA diagnosis treated in a MH specialty setting that are employed.</li> <li>• % change in absentee rates of employees with both MH and SUD conditions treated in a MHSC setting 6 months after index tx episode.</li> </ul> <p><b>Quality of life</b></p> <ul style="list-style-type: none"> <li>• % of pts receiving both MH and SA specialty services who report a high quality of life.</li> </ul> <p><b>Patient Satisfaction</b></p> <ul style="list-style-type: none"> <li>• % of pts receiving both MH and SUD specialty services who report a high satisfaction with their care.</li> </ul>

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